

BUILDING A LIVED EXPERIENCE WORKFORCE?

WHAT'S THE MOST IMPORTANT NEXT STEP...

Best practice, [Regional Understanding and Planning](#) to embed Lived-Living Experience workforces

WHY DEVELOP REGIONAL UNDERSTANDING AND APPROACHES TO LIVED AND LIVING EXPERIENCE WORKFORCES?



As a new discipline, understanding of Lived and Living Expertise is still emerging and therefore varied across services and sectors. Research is clear, advanced understanding of the unique features of Lived-Living Experience practice are necessary to reap the potential benefits and ultimately, contribute to meaningful reform.

Our **Regional Understanding and Planning sessions** build from the 'bedrock' orientation training, to provide critical understanding to inform an evidence-based approach to organisational readiness, workplace cultural change management, and practical steps towards embedding Lived-Living Experience workforces.

WHO BENEFITS?



Benefits for senior leaders, HR/People and Culture reps, and hiring managers provides deeper understanding of the strategies that support effective Lived and Living Experience workforce development.

Benefits for those in designated Lived Experience positions provides some succinct (and proven) messaging to aid advocacy and build better clarity, understanding, valuing and support for our workforces

'REGIONAL PLANNING SESSIONS': WHAT'S ON OFFER?



Taking a **region-by-region focus**, prioritising rural and remote areas, the sessions provide information, exploration and engagement to:

- increase understanding of Lived-Living Experience work
- contribute to increased valuing of Lived-Living Experience work
- build shared language/concepts and understanding to empower Lived-Living Experience workforce development
- progress organisational and regional readiness
- facilitate discussion to collectively plan for what is needed and possible in various regions
- help to embed Lived-Living practice and reap the many benefits – including, enhancing psychologically safe work culture for all staff
- capture the specific interests, needs and gaps in different geographic locations across Queensland

WHAT'S INVOLVED? (places limited, apply now!)

These sessions will be offered to 10 cohorts across diverse regions. **Consists of 2 x 2.5 hr live online sessions** per cohort.

Delivered by seminal Lived-Living Experience researcher Dr Louise Byrne (personal/consumer perspective) and Dr Melissa Chapman (family/carer perspective).

The sessions are delivered at least 3 months apart to allow time to plan and reflect.

- Session One deepens knowledge
- Session Two focuses on discussion and initial strategies to address 'what's next' or 'what's desired' region by region.

Contact us for details on how to apply or turn over to find out more.



Lived Experience Training (.org)

learn, embed, transform!

<https://livedexperiencetraining.org/qld-funded-landing-page/>

WHAT PEOPLE LOVE ABOUT REGIONAL UNDERSTANDING AND PLANNING

Provides leaders across regions with the **knowledge needed to support sustainable and authentic Lived-Living Experience workforce development**

One of the key drivers of change across the organisation has been the training Louise has provided across our executive, senior leadership and management teams. Louise's training programs provide such clarity on the nature of lived experience, Lived Expertise discipline specific approaches and clear and practical examples for teams to take forward. Louise provides a unique and critical direct line to the evidence for what matters and how to be effective.

Katie Larsen
Executive Director Lived Experience, Mind
Australia

"We engaged Louise to deliver Lived Experience literacy sessions for our whole Mental Health and Wellbeing Division, Victorian Department of Health, as a way to grow understanding about the difference between having lived experience and developing and making use of lived expertise. She is able to engage people in a way that is inspiring, informative, warm and authoritative. Louise is able to draw on decades of research and evidence along with her own lived experience. Feedback from the division has been overwhelmingly positive and people have subsequently asked for further opportunities to learn from her".

Lived Experience Branch – Mental
Health and Wellbeing Division,
Department of Health Victoria

Great work Louise Byrne. A key piece of work to empower those with lived experience to bring their expertise to the decision-making table and enable truth to talk to power. Bravo.

John Mendoza
ConNetica Consulting Pty Ltd Adjunct Asso
Professor, Brain and Mind Centre, University of
Sydney, former CEO, Mental Health Council of
Australia

EVIDENCE INFORMED



Training is informed by 15+ years of internationally recognised and applied Lived-Living Experience led research, which has been the evidence base for numerous key policy documents and initiatives in various settings and sectors, including the National Lived Experience (Peer) Workforce Development Guidelines.

Turn over for more details, enter our website or scan the barcode below to find out more.

TRUSTED LIVED EXPERTISE DESIGN

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